

## Long term health after blood pressure problems in pregnancy

You are invited to take part in a survey to gain insight into what women like yourself know about women's heart health if they have had high blood pressure (hypertension) or preeclampsia in pregnancy. You are invited because you are either currently pregnant (with no major issues so far this pregnancy) or you have been pregnant in the last three (3) years.

The study is being conducted by the University of NSW, University of Technology Sydney and the Sydney Partnership for Health, Education, Research and Enterprise (SPHERE). The study is being undertaken by:

- Dr. Amanda Henry - Obstetrician at St George and Royal Hospital for Women, Randwick, Senior Lecturer UNSW and SPHERE member
- Distinguished Professor Caroline Homer - UTS, Midwifery Faculty of Health and SPHERE member
- Dr. Clare Arnott - Cardiologist, Royal Price Alfred Hospital
- Mrs. Heike Roth - PhD Candidate at University of Technology, Sydney
- Mrs. Lynne Roberts - Research Midwife at St George Hospital, SESLHD.

This work is occurring as part of Mrs Heike Roth's PhD studies and the NHMRC Fellowship of Dr. Henry. Apart from salary support for Dr. Henry, the study is otherwise unfunded.

You can complete the survey if you are female and are currently pregnant (with no major issues so far this pregnancy) or have been pregnant in the last three (3) years. You may have experienced high blood pressure in pregnancy OR you may have experienced a pregnancy without any serious complications.

If you agree to take part in this survey, it should only take about 10 minutes to complete and will involve answering questions about you, your pregnancy and your understanding of long-term health in women who have been diagnosed with hypertension in pregnancy or preeclampsia.

Participation in this study is entirely voluntary and if you do not wish to take part it will have no effect on the care you are currently receiving. If you decide to participate, and throughout the survey think you would like to withdraw/not complete the survey, you can simply stop and not submit your answers. If you have already submitted your survey, it will not be possible to withdraw the data you have provided as the surveys are anonymous.

The information you provide will not be identifiable and will be kept securely until destroyed as per the South East Sydney Local Health District's requirements.

The study results will be published in a research thesis, in peer reviewed journals and presented at conferences and other professional forums. No one will be able to identify you from this information. If you would like to personally receive results, you will have the option to follow a link at the end of the survey which takes you to a separate, one (1) question survey, where you can leave your email details. The results will be available one (1) year after conclusion of the survey.

If you would like any further information about the study please contact the Principal Investigator, Dr Amanda Henry on 02 91132315 or via email [Amanda.henry1@health.nsw.gov.au](mailto:Amanda.henry1@health.nsw.gov.au).

If you experience any distress or concern as a result of completing this survey, please contact Dr Amanda Henry (details above) or consult your General Practitioner. If you would like further information about the topic addressed in this study, you can visit the Australian Heart Foundation on the following link: <https://www.heartfoundation.org.au/your-heart/women-and-heart-disease/womens-stories>.

If you have any concerns or complaints about the conduct of this study, you should contact the Research Support Office of the South Eastern Sydney Local Health District Human Research Ethics Committee which is nominated to receive complaints from research participants. You should contact them on 02 9382 3587, or email [SESLHD-RSO@health.nsw.gov.au](mailto:SESLHD-RSO@health.nsw.gov.au) and quote HREC 18/156.