

Hæmolysis

breaking down of red blood cells

Elevated

Liver Enzymes

Indicates liver damage

Low

Platelets

Can lead to bleeding issues

1 in 200 women
develop
HELLP SYNDROME



In Australia up to
1 in 100 women with
HELLP Syndrome may **die**



40% of babies born due to
HELLP Syndrome are small
for gestational age.



Women who have suffered
HELLP Syndrome are at
higher risk of
preeclampsia in
subsequent pregnancies
and **cardiovascular
disease** in later life

**Early diagnosis leads to better
outcomes**

**If something "feels wrong",
seek medical advice.**

SIGNS AND SYMPTOMS OF HELLP SYNDROME

NAUSEA, INDIGESTION OR VOMITING
(NOT RELIEVED BY ANTACIDS)

PAIN AND TENDERNESS ON THE RIGHT
JUST BELOW THE RIBS

BLEEDING

CHANGES IN VISION

HEADACHE

SUDDEN OR SEVERE SWELLING

HIGH BLOOD PRESSURE

PROTEIN IN URINE